

Red Letter Day ~ Parent & Child



Hug a Pony Day

Day experience for accompanied children (5-17) who LOVE horses

Join us for a unique 4-hour experience
11a m - 3pm

Choose from one child 5-12 years old
and up to 2 adults or

two children 13+ and 1 adult.

Refreshments and light lunch
provided

Total cost of experience **£180**

for up to 3 people

Here at *Humans Horses Harmony*
we show you how horses love to interact
naturally with you via

Equine Facilitated Learning





Unless you own your own pony the experience of meeting a horse is often one of timely concern and strict instruction. Focusing mainly on the ridden part, leaving little opportunity for undemanding time, getting to know each other and learning about what horses need you to know.

Not at all what a horse would choose.

This exercise of natural exploration is fully guided so you can relax and enjoy this wonderful and uplifting experience every step of the way.

Meet our wonderfully calm, kind and gentle equines, who will welcome you into their herd. This is in part due to their natural environment which gives them choices and allows their personalities to flourish. They can be there for each other, giving support and creating harmony, which is what they strive for.

A great opportunity for you and your child to build confidence and learn about horse behaviour. A magical day to remember.

We can even take some pictures on your behalf, so you can share your 'Red Letter Day' with family and friends.



- Share the horses' space with them in their natural herd environment, and learn about mindfulness and body language
- Find out what it takes to make friends with horses and at the same time stay safe around them
- Experience how gentle, responsive and sensitive horses can be despite their size
- Have a go at grooming and picking out horses' feet
- Feel & experience the harmony of horses and humans enjoying each other's company in a natural calm and tranquil setting
- Get involved in what it takes to look after them, e.g. feeding, cleaning up, rugging etc.
- Enjoy light lunch & refreshments in our cosy 'Hide Out'
- ❖ If you are 13 years and under, you are advised to bring your own hard hat. This is the parent's responsibility and choice. A general risk disclaimer will have to be signed on the day.

**** please note we are NOT a riding school and do not offer horseback riding ****

