## Humans Horses Harmony Red Letter Day ~ Adults





## Spend time with 'the Herd'

Always loved horses and want to learn more about them up close and personal?

Spend some guided time in a 24/7 horse herd environment. A unique experience!

Duration 4 hours 11am – 3pm light lunch and refreshments included

Cost of experience: **£180** 

Group size: 1 - 3 adults





We are with you every step of the way guiding you through this exhilarating and unique experience.

Answering your questions and showing you natural ways of being with and handling horses.

Mindfully engaging with them through observation and equine behaviour knowledge.

RED LETTER DAY

Let them lift your spirits whilst being in their presence.



- Feel & experience the harmony of horses and humans enjoying each other's company in a natural calm and tranquil setting
- Relax and leave your daily troubles behind you, experiencing undemanding time with horses
- Share space with the horses and learn how peace prevails through choice, respect and ranking order
- Find out about horse behaviour and the spiritual aspect of horses
- Learn what it takes to stay safe around horses and have a go at grooming one
- Experience how gentle, responsive and sensitive horses can be depending on how we approach them

You will be required to sign a general risk disclaimer on arrival

## \*\*\* please note we are not a riding school and do not offer horseback riding \*\*\*

